

## Physical Education Specialization

As a specialist discipline, Physical Education requires that prospective students meet recognized national standards. In addition to the general requirements for either the elementary or secondary stream, applicants must have a minimum of 30 credits in the major subject for their first degree in the related disciplines of physical education, human kinetics, or kinesiology, with at least half consisting of courses beyond the introductory level. In addition, students should present among their required courses the following:

- a) Courses illustrating knowledge of disciplinary content, including but not limited to, human anatomy/physiology, motor learning and control, and psychology of physical activity;
- b) Courses related to the curriculum of the provincial school system including basic movement, gymnastics, dance, and team/individual sports, recreation and leisure pursuits, and exercise and health-related fitness;
- c) Courses in health education and growth and development;
- d) A course in special populations in physical education.

Consideration may be given to applicants with unique skill sets or experiences.