

STFX HEALTH AND COUNSELLING CENTRE

An easy guide for how to access our services in 2020-21

GETTING STARTED

How to find us.



The Health & Counselling Centre is located in 305 Bloomfield Centre (Phone: 902-867-2263). Our team includes doctors, nurses and counsellors, and we offer students primary health care and mental health services. All visits are by appointment only; no drop-ins. Register for Health Myself to book online appointments here: [Health Myself Registration](#)

YOUR FIRST APPOINTMENT: SELF-REFERRAL

Make an appointment with the Intake Nurse.



Log into Health Myself and book online for a virtual Intake appointment, or an STI testing appointment. You can book as far as one week in advance, and we also have same-day access appointments for Intake. The Intake Nurse will meet with you via secure video link, so you can confidentially talk with her about your concern.

FOLLOW UP CARE

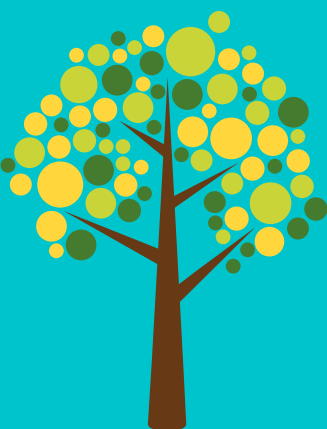
It depends what YOU want.



After your conversation with the Intake Nurse, she will offer you an appointment with the most appropriate care provider, depending on your needs. **You can also book STI testing directly through Health Myself, without an Intake appointment.** For emergencies, call 911 or go to your local hospital.

SUPPORTING YOU TO FLOURISH@X

We want to help you flourish!



Having good mental and physical health will help you flourish in all aspects of your academic, social and emotional life... and we're here to support you. The Health & Counselling Centre is open M and Th: 8:30 am- 8:00 pm and T, W and F: 8:30 am- 4:30 pm.

For help with Health Myself Registration please call: 902-867-2263

For more information click here: [Health & Counselling Centre](#)